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## FITNESS & RECREATION CENTRE

Nestled amongst lush swaying palms, discover a fitness haven for all fitness levels. Surrounded by sweeping views, relax your eyes and mind whilst you work out in peace.





Discover a fully-fitted hub with the latest in TechnoGym equipment





A light, airy space to enhance your athleticism

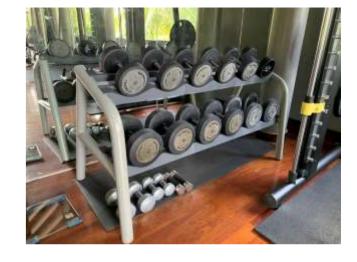




## Gym equipment specifications:

## Technogym

- 1 unit of Run 1000-Treadmill (Model No: DEK8B)
- 2 units of Run 1000-Treadmill (Model No: DEK8EU)
- 1 Synchro 1000-Cross Trainer (Model No: DE583B)
- 1 Multi Power-Smith machine (Model No: MBB2)
- 1 Bike 1000 (Model No: DEC83B)
- 1 Twin (Press / Overhead / Core) (Model No: MF65)
- Adjustable Bench
- Dumbbell rack
- Complimentary usage of gym shoes
- Fitness trainer on request
- Outdoor terrace for workouts and yoga sessions





## A multitude of ways to keep fit in diverse and visually exciting locations around the island, even whilst you are on vacation





